

## Bay Area & Central Valley

Alameda, San Mateo, Santa Clara, San Joaquin, Stanislaus, Merced

# Medicare Advantage Plan Tip Sheets 2025

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# 2025 Medicare Advantage Plans

Central Valley

Plan Name and Counties Who might fit best in this plan

## 1 Blue Shield Inspire (HMO) - San Joaquin, Stanislaus, Merced & Santa Clara Counties

\$38 premium plan and \$0 copay Primary Care Physician office visit and a \$0 copay specialist visit. Plan includes SilverSneakers® fitness, and over-the-counter items allowance<sup>4</sup>, chiropractic services<sup>2</sup>, eye exam<sup>3</sup>, frame and lenses/contact lenses allowance. Hearing exam<sup>2</sup>, telehealth services 24/7 by phone or video with \$0 copay, and worldwide emergency coverage (No annual limit).

Beneficiaries looking for a MAPD plan with a wide array of rich ancillary benefits and access to Blue Shield's robust network of many popular providers and maintains a large amount of Community Hospitals in the network.

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Bay Area

#### **Plan Name and Counties**

### Who might fit best in this plan

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\$38 premium plan and \$0 copay Primary Care Physician office visit and a \$0 copay specialist visit. Plan SilverSneakers® fitness, over-the-counter items allowance<sup>4</sup>, chiropractic services<sup>1</sup>, eye exam<sup>1</sup>, frame and lenses/contact lenses allowance. Hearing exam<sup>1</sup>,-telehealth services 24/7 by phone or video with \$0 copay, and worldwide emergency coverage (No annual limit).

Beneficiaries looking for a MAPD plan with a wide array of rich ancillary benefits and access to Blue Shield's robust network of many popular providers and maintains a large amount of Community Hospitals in the network.

#### 2 Blue Shield Inspire (HMO) - Alameda and San Mateo Counties

\$39 premium plan and \$0 copay Primary Care Physician office visit and a \$15 copay specialist visit. Plan includes SilverSneakers® fitness, over-the-counter items allowance<sup>4</sup>, transportation to your doctor<sup>2</sup>, chiropractic services<sup>1</sup>, hearing aids, and dental services.<sup>1</sup>

Beneficiaries looking for a MAPD plan with a wide array of rich ancillary benefits and access to Blue Shield's robust network of many popular providers and maintains a large amount of Community Hospitals in the network.

#### 3 Blue Shield Select (PPO) - Alameda County

\$49 premium plan and includes over-the-counter-items allowance<sup>4</sup>, SilverSneakers® fitness, preventive and diagnostic dental services<sup>1</sup>, telehealth services 24/7 by phone or video with \$0 copay, and worldwide emergency coverage (No annual limit).

This plan is an excellent option for those looking for provider flexibility and willing to pay a low monthly premium to get ancillary benefits without additional medical or Rx deductibles. This plan allows beneficiaries to see the Blue Shield MA-PPO network providers statewide. The plan also includes out-of-network benefits.



## 2025 Central Valley

### MAPD Provider Network

### **Medical Groups\***

- AllCare IPA
- First Choice Medical Group
- Central Valley Medical Providers, Inc.
- Choice Physicians Network
- Sutter Health Medical Group

### **Hospitals\***

- Dameron Hospital
- St Josephs Med Center Stockton
- Doctors Medical Center
- Sutter Hospital
- Adventist Health Lodi Memorial Hospital
- Mercy Medical Center
  Merced
- Memorial Hospital Los Banos
- Memorial Hospital Medical Center

<sup>\*</sup>Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time.



## 2025 Alameda, San Mateo, & Santa Clara

## MAPD Provider Network

### **Medical Groups\***

- Brown & Toland Physicians
- PAMF Mills Peninsula Division
- Hill Physicians Medical Group
- Physicians Medical Group-San Jose (PMG)
- Santa Clara County IPA

### Hospitals\*

- Washington Hospital
- Alta Bates Summit Medical Center – Sutter
- Eden Medical Center-Sutter
- Fairmont Hospital
- Alameda Hospital
- San Leandro Hospital
- Mills-Peninsula Medical Center
- Mills Health Center
- St. Rose Hospital

- Good Samaritan Hospital San Jose
- O'Conner Hospital
- Regional Medical Center of San Jose
- El Camino Hospital
- Memorial Hospital Medical Center
- St. Louise Regional Hospital

<sup>\*</sup>Note: Blue Shield always tries to show the most up-to-date provider information, but information can change at any time.



## 2025 Alameda County Blue Shield Select (PPO)

## MAPD PPO Providers In-Network

- Alta Bates Medical Center Herrick Campus
- Alta Bates Summit Medical Center
- Alta Bates Summit Medical Center Campus

- Alameda Hospital
- San Leandro Hospital
- Washington Hospital

- Eden Medical Center
- Highland Hospital
- Kindred Hospital San Francisco Bay Area

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## **Footnotes**

- 1. Non-Medicare covered.
- 2. For non-emergency, plan-approved health related locations within the plan service area.
- 3. For individuals upon discharge from an inpatient hospital or skilled nursing facility. Includes 22 meals and 10 snacks per discharge. Coverage is limited to two discharges per year.
- 4. Two-time use per quarter allowance for eligible items. Unused allowance cannot be rolled over into the next quarter/month.

Only plans and counties that can accept enrollments in 2025 are shown. Limitations may apply. Benefits vary by county and plan. Please refer to Summary of Benefits for details. Blue Shield 65 Plus is a service mark of Blue Shield of California. SilverSneakers® is a registered trademark of Tivity Health, Inc. © 2024 Tivity Health, Inc. All rights reserved. Other providers are available in our network.

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