

Abbott Diabetes is the preferred manufacturer for blood glucose monitors and test strips for Blue Shield TotalDual Plan (HMO D-SNP), Blue Shield Inspire (HMO D-SNP), Blue Shield AdvantageOptimum Plan (HMO), and Blue Shield AdvantageOptimum Plan 1 (HMO).

FreeStyle[®] test strips (made by Abbott Diabetes) will not require prior authorization when obtained from a network pharmacy. Blue Shield has a quantity limit of 100 test strips and lancets per 90 days if you do not take insulin and a quantity limit of 300 test strips and lancets per 90 days if you do take insulin. You or your doctor will be required to submit a request via the Blue Shield pharmacy prior authorization process for test strips that are **not** FreeStyle or if you need to use more test strips and lancets.

If you are currently not using Freestyle test strips but would like to switch:

- Talk with your doctor to find out if FreeStyle test strips will work for you. You can also visit ChooseFreeStyle.com to learn more, or contact Abbott Diabetes Care Customer Care at (800) 224-8892.
- 2. Obtain a prescription from your doctor for FreeStyle test strips. Please remember, you will also need a new prescription for a FreeStyle blood glucose monitor to use with your FreeStyle test strips. To obtain a FreeStyle blood glucose monitor at no cost, please visit ChooseFreeStyle.com or call Abbott at (866) 224-8892 and mention the code UA266Z3F. Please note: Abbott Diabetes Care may limit the number of monitors you may obtain within a 3-year period.
- **3. Fill your prescription before you run out of your current test strips.** This will give you time to learn how to use your new FreeStyle blood glucose monitor while you still have your current supplies on hand. Also, your new FreeStyle blood glucose monitor will require compatible FreeStyle test strips. Your old strips will not work with your new blood glucose monitor. If you have questions on how to use your new FreeStyle blood glucose monitor and test strips, contact Abbott Diabetes Care Customer Care at **(800) 224-8892**.
- **4. In some cases, your doctor might think you need to continue using your current blood glucose monitor and test strips.** You or your doctor can submit a request via the Blue Shield pharmacy prior authorization process.

If you have any additional questions, you can call Blue Shield Customer Service from 8 a.m. to 8 p.m., seven days a week. Blue Shield AdvantageOptimum plans should call (800) 776-4466 (TTY: 711), and Blue Shield TotalDual and Blue Shield Inspire plans should call (800) 452-4413 (TTY: 711). We are ready to help you.

Language Assistance Notice

For assistance in English at no cost, call the toll-free number on your ID card. You can get this document translated and in other formats, such as large print, braille, and/or audio, also at no cost. Para obtener ayuda en español sin costo, llame al número de teléfono gratis que aparece en su tarjeta de identificación. También puede obtener gratis este documento en otro idioma y en otros formatos, tales como letra grande, braille y/o audio. 如欲免費獲取中文協助,請撥打您 ID 卡上的免費電話號碼。您也可免費獲得此文件的譯文 或其他格式版本,例如: 大字版、盲文版和/或音訊版。

Nondiscrimination Notice

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Blue Shield of California is an independent member of the Blue Shield Association



ATTENTION Blue Shield of California Members with Diabetes



FreeStyle Lite Compact and portable. Perfect for on-the-go testing.



FreeStyle Freedom Lite Large, easy to read display. Comfortable to hold.

FreeStyle brand meters & test strips are Covered by Blue Shield of California

As a Blue Shield of California member, you can receive a FREE^{*} meter by:

TAKING YOUR PRESCRIPTION

for a FreeStyle meter and strips to your local retail pharmacy[†]

CALLING

Abbott's diabetes care division toll-free at 1-866-224-8892 with Offer Code UA266Z3F

SIGNING UP

at ChooseFreeStyle.com with Offer Code UA266Z3F

Learn more at ChooseFreeStyle.com



For In Vitro Diagnostic Use.

*This offer is void where prohibited by law. Abbott may modify or rescind this offer at any time without notice. The free meter is provided as a sample and is limited to one meter per eligible person. The meter cannot be resold, traded, nor submitted for any third party payor for reimbursement. **†**Participating pharmacies are subject to change without notice. FreeStyle and related brand marks are owned by Abbott. Other trademarks are the property of their respective owners. ©2022 Abbott. ADC-39442 v2.0 05/22

FreeStyle Lite blood glucose test strips are intended to be used with FreeStyle Lite and FreeStyle Freedom Lite meters only.