



# Behavioral Health Provider Search

## Step-by-step guide

To find a behavioral health provider, please follow the step-by-step instructions below.

If you are in immediate danger or thinking about harming yourself, call or text 988 which is available 24/7, free and confidential.

1. Go online to *Find a doctor*: <https://www.blueshieldca.com/fad/home>
2. Enter the *Location* where you will be accessing care. Virtual providers are available statewide. To search for virtual providers, enter the ZIP code or County where the provider group is located rather than your own. A list of virtual provider companies with their ZIP codes and counties can be found here: [\[Virtual Provider List\]](#).

3. Pick your specific benefit plan so the results only show in-network providers.

4. If you are searching for a provider by **specialty** or **condition**, start with broad categories and then use additional filters to narrow your results.

For example, search for "Anxiety," then select it under *Specialty*:

Find doctors & services

Search by name, facility, medical group, or specialty, such as pediatrics or psychologist.  
[Log in](#) first to get the best results.

Location: Los Angeles, CA, USA Plan: 2026 Employer Group Plans (101...)

Doctor name, specialty, condition: Anxiety

Search by doctor name, specialty, facility, or medical group.

Specialty: Anxiety

Psychiatry Child

Licensed Professional Clinical Counselor

Maternal Mental Health (including Prenatal/post-partum Anxiety, Prenatal/post-partum Depression)



You can then **filter** by categories such as additional language spoken, Doctor's gender, and more.

Find doctors & services

Location: Los Angeles, CA, USA Plan: 2026 Employer Group Plans (101...)

Doctor name, specialty, condition: Anxiety

Save Results

Filters

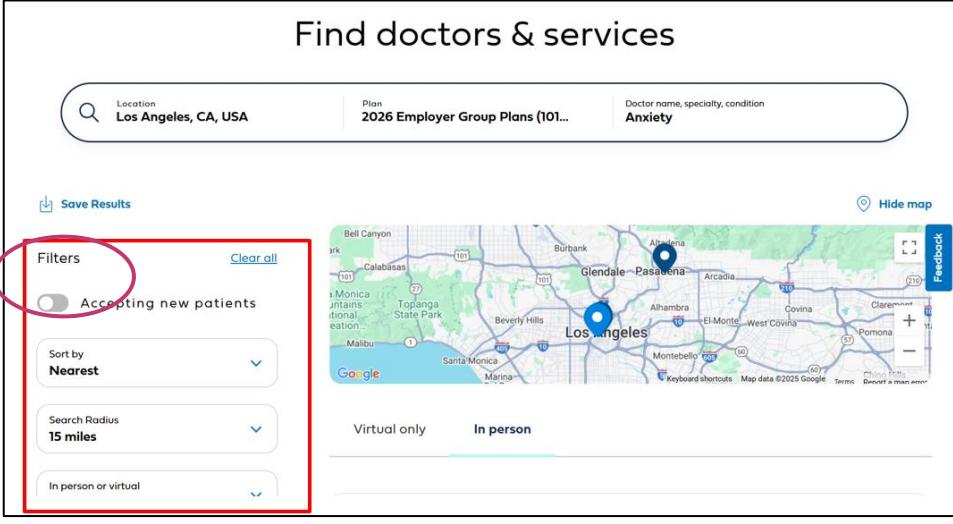
Accepting new patients (checkbox)

Sort by: Nearest

Search Radius: 15 miles

In person or virtual

Map of Los Angeles showing provider locations. A red box highlights the 'Filters' section on the left.



5. If you're not looking for a specific provider, but looking for **medical groups** that meet your needs, search for a specialty or condition and then use the "*medical group*" filter from the drop-down menu on the left-hand side of the screen.

For example, search "Applied Behavior Analysis" or "ABA," click on "Applied Behavior Analysis (ABA):

## Find doctors & services

Location: Los Angeles, CA, USA

Plan: 2026 Employer Group Plans (101...)

Doctor name, specialty, condition: ABA

Search by doctor name, specialty, facility, or medical group.

Specialty: Certified Behavioral Analyst Doctorate, Certified Behavioral Analyst Masters, Applied Behavior Analysis (aba)

then filter by age under *Populations Served*, and choose the Medical group from the drop-down menu on the left-hand side of the screen.

## Need Help?

If you can't find the provider or service you're looking for - or want help choosing the right type of care - call the Mental Health Customer Services number on the back of your Blue Shield ID card.