

Network Provider Update

To: Medi-Cal network participants

May 2023

From: Manuel T.G. Enriquez 
Senior Director, Provider Network Management

Subject: **All Plan Letter 22-029: Dyadic Services and Family Therapy Benefit**

The Department of Health Care Services (DHCS) recently issued [All Plan Letter \(APL\) 22-029](#), "Dyadic Services and Family Therapy Benefit." We are sharing a summary of this APL with you to ensure you are aware of the information, and you can apply the information to your practice or facility operations, where appropriate.

APL 22-029 describes behavioral health services that can be delivered to a dyad – a child under the age of 21 and their parent(s) or caregiver(s) – and to family. Coverage of dyadic behavioral health (DBH) services by managed care plans (MCPs) such as Blue Shield of California Promise Health Plan began January 1, 2023.

APL summary

- The APL lists the behavioral health provider types who may administer dyadic services and requirements for member eligibility.
- A family is eligible for DBH services as long as the care is for the direct benefit of a child who is enrolled in Medi-Cal, regardless if other family members are enrolled.
- MCPs may offer dyadic services in several settings, including telehealth, primary care visits, doctor's offices and clinics, hospitals, at the member's home, schools, and other community settings.
- The APL describes various types of dyadic services that may be provided, including DBH well-child visits, comprehensive community supports services, psychoeducational services, family training and counseling for child development, and other parent or caregiver services.
- The APL also explains when the family therapy behavioral health benefit may be applied to members under 21 and their family or caregiver(s).

March 2023 revision to the APL include:

- DBH well-child visits and follow-ups may be provided by a medical provider.
- Multiple dyadic services may be billed on the same day, at the fee-for-service rate.
- All dyadic services must be billed under the member ID of the member who is under 21.

This summary is only meant as a brief description of the APL. Please see the APL itself for additional background and the complete requirements. The full text of APL 22-029 may be found at this URL: <https://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2022/APL22-029.pdf> (Links to the DHCS.ca.gov website will take you off of the Blue Shield Promise website.)

If you have questions about applying a benefit to Blue Shield Promise members, please contact Provider Services via Live Chat after logging in at blueshieldca.com/provider or call (800) 468-9935 from 6 a.m. to 6:30 p.m., Monday through Friday.