

HEDIS Provider Guide: Depression Remission or Response for Adolescents and Adults (DRR-E)

Measure Description	Using Correct Billing Codes																				
<p>Members 12 years of age and older with a diagnosis of depression and elevated Patient Health Questionnaire 9 (PHQ-9 score >9) within the intake period*, who had evidence of response or remission within 4 to 8 months of the elevated score.</p> <p>*Intake Period: May 1 of the year prior to the measurement year through April 30 of the measurement year.</p> <ul style="list-style-type: none"> • Follow-Up PHQ-9: Members who have a follow-up PHQ-9 score documented within 4-8 months after the initial elevated PHQ-9 score. • Depression Remission: Members who achieved remission of depression symptoms (PHQ-9 score <5) within 4 to 8 months after the initial elevated PHQ-9 score. • Depression Response: Members who showed response to treatment for depression (most recent PHQ-9 score is at least 50% lower than initial elevated PHQ-9 score) within 4 to 8 months after the initial elevated PHQ-9 score. <p>Eligible Screening Tools:</p> <ul style="list-style-type: none"> • PHQ-9: 12 years of age and older. • PHQ-9 modified for teens: 12 to 17 years of age. <p>Exclusions: Members with any of the following any time during the member's history through the end of the measurement period: bipolar disorder, personality disorder, pervasive developmental disorder, psychotic disorder, hospice.</p>	<p>Data collection method: Electronic Clinical Data Systems (ECDS)</p> <table border="1" data-bbox="755 541 1505 1014"> <thead> <tr> <th data-bbox="763 552 1096 598">Description</th> <th data-bbox="1104 552 1497 598">Codes</th> </tr> </thead> <tbody> <tr> <td data-bbox="763 625 1096 741">PHQ-9 Total Score for members 12 years of age and older</td> <td data-bbox="1104 625 1497 741">LOINC: 44261-6</td> </tr> <tr> <td data-bbox="763 762 1096 867">PHQ-9 Total Score for members 12-17 years of age</td> <td data-bbox="1104 762 1497 867">LOINC: 89204-2, 44261-6</td> </tr> <tr> <td data-bbox="763 888 1096 1003">Major Depression or Dysthymia</td> <td data-bbox="1104 888 1497 1003">ICD10CM: F32.0-F32.4, F32.5, F32.9, F33.0-F33.3, F33.40-F33.42, F33.9, F34.1</td> </tr> </tbody> </table> <p>Exclusions</p> <table border="1" data-bbox="755 1087 1505 1728"> <thead> <tr> <th data-bbox="763 1098 1096 1144">Description</th> <th data-bbox="1104 1098 1497 1144">Codes</th> </tr> </thead> <tbody> <tr> <td data-bbox="763 1171 1096 1318">Bipolar Disorder</td> <td data-bbox="1104 1171 1497 1318">ICD10CM: F30.10-F30.13, F30.2-F30.4, F30.8, F30.9, F31.0, F31.10-F31.13, F31.2, F31.30-F31.32, F31.4, F31.5, F31.60-F31.64, F31.70-F31.78</td> </tr> <tr> <td data-bbox="763 1339 1096 1392">Other Bipolar Disorder</td> <td data-bbox="1104 1339 1497 1392">ICD10CM: F31.81, F31.89, F31.9</td> </tr> <tr> <td data-bbox="763 1413 1096 1486">Personality Disorder</td> <td data-bbox="1104 1413 1497 1486">ICD10CM: F34.0, F60.3, F60.4, F68.10-F68.13</td> </tr> <tr> <td data-bbox="763 1497 1096 1570">Pervasive Developmental Disorder</td> <td data-bbox="1104 1497 1497 1570">ICD10CM: F84.0, F84.3, F84.8, F84.9</td> </tr> <tr> <td data-bbox="763 1591 1096 1717">Psychotic Disorders</td> <td data-bbox="1104 1591 1497 1717">ICD10CM: F20.0, F20.1-F20.3, F20.5, F20.81, F20.89, F20.9, F21, F23, F25.0, F25.1, F25.8, F25.9, F28, F29</td> </tr> </tbody> </table>	Description	Codes	PHQ-9 Total Score for members 12 years of age and older	LOINC: 44261-6	PHQ-9 Total Score for members 12-17 years of age	LOINC: 89204-2, 44261-6	Major Depression or Dysthymia	ICD10CM: F32.0-F32.4, F32.5, F32.9, F33.0-F33.3, F33.40-F33.42, F33.9, F34.1	Description	Codes	Bipolar Disorder	ICD10CM: F30.10-F30.13, F30.2-F30.4, F30.8, F30.9, F31.0, F31.10-F31.13, F31.2, F31.30-F31.32, F31.4, F31.5, F31.60-F31.64, F31.70-F31.78	Other Bipolar Disorder	ICD10CM: F31.81, F31.89, F31.9	Personality Disorder	ICD10CM: F34.0, F60.3, F60.4, F68.10-F68.13	Pervasive Developmental Disorder	ICD10CM: F84.0, F84.3, F84.8, F84.9	Psychotic Disorders	ICD10CM: F20.0, F20.1-F20.3, F20.5, F20.81, F20.89, F20.9, F21, F23, F25.0, F25.1, F25.8, F25.9, F28, F29
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How to Improve HEDIS® Scores

- The Institute for Clinical Systems Improvement recommends that clinicians establish and maintain follow-up with adult patients who have depression. The American Academy of Pediatrics recommends that adolescents with depression should be assessed for the treatment response and remission symptoms using depression assessment tool such as the PHQ-9 Modified for Teens.
- Schedule follow-up visits for members with positive PHQ-9 scores before they leave the provider office. Ensure regular follow-up and tracking of PHQ-9 scores, adjusting treatment as needed.
- A follow up appointment should be scheduled for four (4) to eight (8) months (120 to 240 days) after the patient is screened AND tested positive for depression or dysthymia. Assess treatment response using a PHQ-9.
- Contact patients who cancel or miss appointments for reassessment (phone and/or mail).
- Educate members on the importance of follow up care.
- Set electronic health record (EHR) alerts or develop a tracking method for members who may need follow-up visits and screenings.
- Use standardized clinical depression screening templates in charts and in EHRs. Ensure that these templates capture the score and screening result.
- Submit LOINC codes for depression screening to Blue Shield Promise via a supplemental data feed extracted from your EHR. Reach out to your assigned Blue Shield Promise Quality Program Manager for assistance or email HEDISSUPPDATA@blueshieldca.com for questions related to supplemental data feeds.

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