

Alcohol and drug screening and assessment tools

[All Plan Letter \(APL\) 21-014](#), “Alcohol and Drug Screening, Assessment, Brief Interventions and Referral to Treatment,” requires Medi-Cal providers to administer alcohol and drug screenings to members 11 years of age and older, including pregnant women. The APL states that the screenings should be conducted using validated screening tools.

To facilitate your screenings, we have compiled the following list of links to the validated alcohol and drug screening and assessment tools mentioned in APL 21-014.

Screening tools

- [Cut Down-Annoyed-Guilty-Eye-Opener Adapted to Include Drugs](#) (CAGE-AID)
- [Tobacco Alcohol, Prescription medication and other Substances](#) (TAPS)
- [National Institute on Drug Abuse \(NIDA\) Resource Guide](#) quick screen for adults
- [Drug Abuse Screening Test](#) (DAST-10)
- [Alcohol Use Disorders Identification Test](#) (AUDIT-C)
- [Parents, Partner, Past and Present](#) (4Ps) for pregnant women and adolescents
- [Car, Relax, Alone, Forget, Friends, Trouble](#) (CRAFFT) for non-pregnant adolescents
- [Michigan Alcoholism Screening Test Geriatric](#) (MAST-G) alcohol screening for geriatric population

Assessment tools

- [NIDA-Modified Alcohol, Smoking and Substance Involvement Screening Test](#) (NM-ASSIST)
- [Drug Abuse Screening Test](#) (DAST-20)
- [Alcohol Use Disorders Identification Test](#) (AUDIT)

If you have questions about using these tools with Blue Shield Promise members, contact Provider Services via Live Chat after logging in at blueshieldca.com/provider or call (800) 468-9935 from 6 a.m. to 6:30 p.m., Monday through Friday.